

October 2026

DANCEPRO'S LATEST NEWS

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Falling into a new season

As we settle into a new season, it has been wonderful to welcome both familiar faces and so many new students to dancePro. There is something lovely about this time of year – the change in the weather, the cooler mornings and darker evenings, and that feeling of getting back into a comfortable routine after the summer months.

Our studios are once again filled with music, movement, laughter and the wonderful energy that comes from dancing together. Whether you have been with us for many years or have only recently taken your first steps through our doors, we are so pleased to have you as part of our dancePro family.

For our new students, we hope you are beginning to feel at home and are enjoying discovering everything that dance has to offer. And to those of you who have been with us for a while, thank you for continuing to bring your enthusiasm, encouragement and passion to every class.

As the months ahead unfold, we have lots to look forward to, with new classes, familiar favourites, opportunities to learn, perform and, most importantly, enjoy dancing together.

Thank you for being such a treasured part of dancePro. We are so grateful to have you with us and look forward to sharing another wonderful season of dance with you all.

Festival success



A huge congratulations to all our wonderful dancePro students who took part in the East Herts Festival of the Arts! We are incredibly proud of each and every one of you.

A special mention to Amelie and Isabelle, who competed in the older section alongside students as old as 14 and achieved an amazing 1st place in Musical Theatre. ...And on their very first time performing the piece!

They also took 1st place in their Lyrical Duet. What an incredible achievement!

Well done to Azaria, who came 2nd with her gorgeous Little Red Riding Hood dance, and to Jessie, who took 1st place with her beautiful ballet solo.

And a very special well done to Willow, who still took to the stage despite performing with a broken foot! She came 2nd in her Musical Theatre solo. What determination!

Finally, a massive good luck to our lovely Ellie-Lou, who is competing in the All Stars competition this weekend. It's her first ever competition, so we'll all be cheering you on!

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Charity Week

One of our favourite weeks of the year is almost here and it's all to raise money for the wonderful Make-A-Wish UK!

Throughout the week, all DancePro students are invited to come to class in their favourite fancy dress and bring along a donation, big or small, every contribution counts! (suggested amount £5)

Bring a friend!

Want to show your friends what DancePro is all about? This is the perfect opportunity! Invite a friend to come along to your class for a donation to Make-A-Wish UK. They'll get to join in with our fun dance games, challenges and creative activities, including creating their very own choreography to a song of their choice!

Friends must be age-appropriate for the class they're attending, and we'll need a parent/guardian's contact details so we can get in touch with them about joining us. Whether you're already part of the DancePro family or you're thinking about trying us for the first time, it's going to be a week full of dancing, laughter, creativity, fabulous costumes and lots of fun!

Help Grant wishes

If you'd like to make a donation to our DancePro Charity Week fundraising page, you can do so here:

[Donate to our Make-A-Wish UK fundraiser](#)

Let's see how much we can raise together!

Get your costumes ready... choose your friend... and let's dance for a wonderful cause!



Charity week dates:

Monday 19th October

Tuesday 20th October

Wednesday 21st October

Thursday 22nd October

Saturday 31st October

The One Where Kevin Spacey was at the audition! Gill's adventures before DancePro Academy!

I was lucky enough to work on Beyond the Sea, starring and directed by Kevin Spacey, who played the legendary Bobby Darin. But before I got anywhere near the film set, there was the small matter of surviving the audition!

It was gruelling and there were SO many dancers, and it went on for hours. We needed stamina, concentration and plenty of endurance. By the time we reached the callbacks, everyone was working incredibly hard; practising, concentrating and trying to remember everything.

The room was getting so hot the mirrors had almost completely steamed up.

Then a silence started at the back of the room and slowly travelled forwards. Kevin Spacey had arrived.

I didn't immediately recognise him because in my head, he was someone who lived in the telly not someone who would actually turn up at our dance audition!



We began performing in smaller groups and when I was dancing, I suddenly noticed him, sitting with his hands clasped, elbows resting on his knees, watching us intently. Behind him, the mirrors were completely steamed up. And then it hit me. The psychopath from Se7en was sitting in the room.

For one split second, I froze. Sheer panic washed over me. My heart was racing and despite being a sweaty mess, I suddenly felt absolutely freezing.

Then my brain caught up. Oh, it's just Kev.

(Beyond the Sea, Filmed in 2004)

Between classes

A little reminder for all of us about what happens between classes...

Sometimes we spend quite a few weeks working on the same steps, and I know that with school,

homework, other activities, friends and busy lives, dance isn't always at the top of the list between lessons and that's absolutely okay! I'm certainly not expecting anyone to practise for hours every night.

However, if you're hoping to work towards exams, competitions or performances, it really does help to spend just a few minutes between classes thinking about what we've been learning. Have a little go at the steps, run through them in your head, or simply ask yourself, "What did we do in class this week?"

That little bit of remembering makes such a difference when you come back into the studio. It means we can spend more of our class time building on what we already know, rather than going back over the same things again and again.

And remember, you don't have to be perfect! It's much more important to have a go, make mistakes, ask questions and keep trying.

So, before your next class, take a few minutes to think about your dancing.

A little effort between classes can make a big difference to your progress, and I really want to see every one of you achieving what you're capable of.



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With Love,
Miss Gill
xxx