



DANCEPRO'S LATEST NEWS

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- The perfect Christmas gift
- Tip of the month



So SO Proud

Students talking to Care home residents

After performing for the care home residents at Hillview and Ashwood care homes, I suggested students to talk to the residents as it would be a kind gesture and lovely memory for them too. The first care home, they were a little tentative but after some encouragement they spoke to a few people, asking if they used to dance or if they enjoyed the performance and wished them a Merry Christmas. The Second time their confidence had grown and they were true professionals at speaking with their community- I couldn't have been more proud.

Hillview events

Hillview were so impressed with our students, they have invited you to their events they're hosting. Call ahead to book for the movie, drop in for their Bazar or decorate cookies with the elves



Thank you

Make- A- wish UK

Congratulations and many thanks for dressing up, having fun, bringing friends along and mostly for your generous donations.



We raised £373 which will help make a very poorly child and their family have a Christmas to remember.

Teenagers

It's wonderful to hear about the dedication and hard work of the teens in ballet and pre-pointe this term! After seeing them this week, it's evident that they are committed to achieving their goal of stepping onto pointe. Yesterday, they had a 'pointe assessment' to gauge their progress and identify areas for improvement. It's always inspiring to see students pushing themselves to improve and overcome challenges in pursuit of their passion.



Ballet, especially when progressing to pointe work, requires perseverance and dedication. It's a testament to their character that they are embracing the hard work and initial discomfort that comes with it. After seeing how hard they're working, I wholeheartedly believe they will achieve their goals of stepping onto pointe with grace and confidence!



Workshop with Meesha Garbett

A friend is running a Matilda workshop, with the 'Red beret' girl from the new Matilda movie. It promises to be an amazing event and so I thought I would share it with you.

When?

Sunday 10th December

10-11.30am for ages 6-9 years

11-12.30pm for ages 10+ years

There will be a Q&A which will be for both groups from 11-11.30am.

Where?

Rickmansworth School, Scots Hill, WD3 3AQ (in the Dance Studio)

How to book

Tickets are £20 each and are bookable via our website! Here is the link you need

[Summer School and holiday workshops - Dance and Drama classes \(rise-studios.com\)](https://www.rise-studios.com)



Meesha Garbett

New 2024(Not yet released) "Hush Now" Intense Thriller Film (LEAD ROLE)

New 2024(Not yet released) Wicked Film with Arianna Grande (Gilikin Family scenes with Arianna)

Matilda Film 2022 (Sony Cinema's & Netflix) (Hortensia Main classmate)

Matilda 2022 Movie Soundtrack Album Named artist on "Revolting Children"

"Chokey Chant" and School Song

Jingle Jangle Film Netflix (Young Street Urchin, Dancing and Acting Many scenes)

CATSFilm Sings Song (Mouse Sister, scene with Rebel Wilson and Jason Derulo)

Hobbs and Shaw Universal Film (Young Vanessa Kirby)

GuestStar at MOVE IT 2023 (Worlds Biggest dance exhibition) Performing on Stage, Teaching, Meet & Greet

GuestStar at MUSICAL CON 2023 (London's Excel Centre) Performing and Meet & Greet

Dancer and Singer for UK Entrant of Junior Eurovision Contest (On Children in Need and Live on BBC in Armenia)

IMD LEGION (WORLD CHAMPIONS) STREET DANCE CREW (LEAD DANCER, TOP LEFT) (BRITAIN'S GOT TALENT FINALS)

George Ezra Music video (Choreographer, teaches George to dance)

Lady Leshurr Music video (Dancer)

Justin Bieber world Tour (Dancer on stage at Hyde Park, in front of 70,000)

Nutcracker Royal Ballet Royal Albert Hall (Young Child)

The Big Audition ITV Kidz bop Audition

2 x [Studio.co.uk](https://www.studio.co.uk) TV Commercials

BBC Programme We Hunt Together (Young child)

VoiceOver work for Audio Books (None regional accent)

Spaces are limited so you need to book quickly as this is a one off opportunity!



Don't forget, if you booked to see the Christmas panto it's on the 9th December at Campus West, where we are having our show! ...OH YES IT IS!!!

Can't wait!

Please ensure you have paid for your ticket prior to the event.



Get into the festive spirit with our Christmas gifts! 🎁 Order now for the perfect stocking fillers! We have everything from basic uniform pieces to stylish bags, pencils, pencil cases, keyrings, and water bottles. For dance enthusiasts, we've got a special collection just for you! 🎉 Don't miss out – Order today!

Tip of the Month

Mulled wine...

It's cold outside and the silly season is beginning. So my tip would be, switch your wine for gluhwein- it will warm you up and you'll be ready for the Christmas chaos! ;)



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